

'Tis the Season to Relax

Turning a Home into a Fortress of Solitude

By Ric Osuna



With winter approaching, there is no better way to soothe aching muscles or unwind from the holiday rush than with sipping a drink by the fireplace, soaking in an air bath, or letting the day's stress melt away with a luxurious shower. Each year, all of us struggle to find the perfect gift that keeps giving our loved ones as much joy all year long as it does Christmas morning.

Vacations come and go, as do electronics. Let's face it: The hottest electronics become extinct the moment we leave the store. On the other hand, an interior makeover of a home can last a decade, or two, if done right.

One such interior design modification you can make to your home is with a new fireplace. Talk about adding a whole new level of ambience to a room. A fireplace is the central point for many living areas in a home, and the new Town & Country line is centered on dynamic aesthetics, resulting in the sleekest, cleanest look for a hearth. Producing 30-inch flames, it is the closest you can get to a

real fireplace without having to deal with the cut wood and the mess it leaves afterward. It is not very relaxing to know that you will have to clean up 10 pounds of ash the next day. Besides the lack of a mess, Town & Country's fireplaces draw heat into a flue rather than forcing it into the room. The company's patented Flush Hearth system maximizes the viewing area while eliminating unsightly metal work. It is the perfect season to sit by a new fireplace with a good book.

Feel like a massage instead, then how about Bain Ultra's air-jet bath. These baths are the perfect source for therapeutic massages with each air jet, curve of the shell and injection angle having been developed to provide a highly effective, all-encompassing body massage: from the back of the neck to the back of the legs. The technology relies on air injection, a science the company boasts it has spent 25 years developing. This translates many benefits to the bather, including ideal acupressure effects for a complete, full-body massage; one piece construction that is void of pipes and valves, making this bath a masterpiece of simplicity; and, a perfect hygienic system that



The various styles of Bain Ultra's air baths are as pleasant to a room's ambience as they are on sore muscles.

requires no maintenance.

If you rather not soak idle in a tub, then the SilverTAG Shower will be right up your alley. This state-of-the-art shower has up to 30 shower frequencies and 19 showerheads in four zones. This ultimate luxury will set you back about a \$100,000. However, it is far from a one-size-fits-all purchase. In fact, TAG Galyean, the shower's creator, spends a great deal of time with a consumer to custom design a shower for him or her. Galyean is an award-winning, resort design consultant and an expert with 30 years of experience in his field. Galyean has provided signature spa designs for The Lodge at Pebble Beach, La Quinta Resort and Club, and The Broadmoor Hotel. The SilverTAG Shower allows ease of use with touch-screen controls, so users can select between preprogrammed showers that range from anti-stress drizzles to a waterfall on the base of the neck. Even Hollywood moguls who have experienced the shower have loved it so much that they immediately ordered one for their home.

Regardless of your choice, this winter can be as relaxing as a day by the pool, if you know how to spend it. Whether it is a fireplace, air-jet bath, or a luxury shower, these gifts will put a smile on a lucky recipient's face all year long. **M**



SilverTAG's \$100,000 shower may be a step into nirvana for shower lovers. Can't get to a tropical waterfall? This shower may be the perfect substitute.

For more information, visit www.townandcountryfireplaces.net, www.bainultra.com, or www.tagstudio.com.